



Sheboygan YMCA – Gym Schedule April 1 – May 25, 2024



Lohmann Gym

Monday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:30am
 Open Pickleball 9:30am-11:30am
 Open Gym/Pb 11:30am-3pm
 Open Gym 3pm-5:30pm
 Women's Volleyball 5pm-9pm

Tuesday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:30am
 Open Gym 9:30am-8:55pm

Wednesday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:30am
 Warriner MS PE 9:30am – 10:40am
 Adult Basketball 10:40am – 1pm
 Open Gym 1pm-8:55pm

Thursday

Open Gym 5am-8:15am
 Silver Sneakers 8:20am-9:50am
 Open Gym 9:50am-5pm
 Coed Volleyball 5pm-9pm

Friday

Open Gym 5am-8:15am
 Silver Sneakers 8:30am-9:30am
 Open Pickleball 9:30am-11:30am
 Open Gym/Pb 11:30am – 12:30pm
 Open Gym 12:30pm-8:55pm
 YDC ½ 4pm-5pm

Saturday

Open Gym 7am-4:55pm

Sunday – 7am-3:55pm Open Gym

Gym Schedule is subject to change

East Gym

Monday

Open Gym 5am-9am
 Open Pickleball 9am-11:30am
 Open Gym/Pb Lite 11:30am-1pm
 Reach Fwd Group 1-2pm
 Open Gym/AdvPb 2pm-3:30pm
 B&G Club 3:30pm-4:30pm
 Open Gym 4:30pm-8:55pm

Tuesday

Open Gym 5am-7:30am
 Adult Volleyball 7:30am-10:30am
 Advanced Pb 10:30am-12pm
 Open Pickleball 12pm-3pm
 YDC 4pm-5pm
 Open Youth Gym 5pm-7:30pm
 Pb Res/Badminton 7:30pm-8:45pm

Wednesday

Open Gym 5am-8am
 Pb Lite/Open Gym 8am-9:30am
 Warriner MS PE 9:30am-10:40am
 Advanced Pb 10:45am-12:30pm
 Open Pickleball 12:30pm-3pm
 B&G Club 3:30pm-4:30pm
 Open Youth Gym 4:30pm-8:55pm

Thursday

Open Gym 5am-7:30am
 Adult Volleyball 7:30am-10:30am
 Open Pickleball 10:30am-1pm
 Reach Fwd Group 1pm-2pm
 Advanced Pb 2pm-3:30pm
 Open Youth Gym 3:30pm-5pm
 Coed Volleyball 5pm-9pm

Friday

Open Pickleball 9am-12:30am
 Open Gym 12:30pm-3:30pm
 B&G Club 3:30pm-4:30pm
 Open Youth Gym 4:30pm-8:55pm
 Pickle Ball Res. 6pm-8:45pm

Saturday

Open Youth gym 7am-3:30pm
 PB Reservations . 1pm-4:45pm

Sunday – 7:30am-3pm PB Reservations

Muth Gym

Monday

Open Gym 5am-9:15am
 YDC 9:15am-11:15am
 Open Gym 11:15am-4pm
 YDC 4pm-5pm
 Mmite Class 5pm-6pm
 Open Family Gym 6pm-8:55pm

Tuesday

Open Gym 5-9:15am
 YDC 9:15am-11:15am
 Open Gym 11:15am-4pm
 Mmite tennis 4pm-5pm
 Mmite bball 5pm-6pm
 Open Family Gym 5pm-8:55pm

Wednesday

Open Gym 5-9:30
 Warriner MS PE 9:30-10:40am
 YDC 10:40am-11:30am
 Open Gym 11:30pm-3:30pm
 YDC 3:30pm-4:45pm
 Pee Wee soccer 5pm-5:45pm
 Open Family Gym 5:45-8:55pm

Thursday

Open Gym 5am-9:15am
 YDC 9:15am-11:15am
 Open Gym 11:15pm-2:30pm
 YDC 3:30-4:30pm
 Vball class 4:30pm-5:30pm
 Coed Volleyball 5:30-9pm

Friday

Open Gym 5-9:15am
 YDC 9:15-11:15am
 St. Pauls PE 12:30-1:30pm
 Home School PE 1:30-2:30pm
 Open Gym 2:30-4pm
 Kickball/dodgeball 4pm-5pm
 Open Family Gym 4pm-8:55pm

Saturday

Open Gym(rentals/youth/family)7am-4:55pm

Sunday –(rentals/youth/family) 7am-3:55pm